



our h^ouse.

WEEK 1- FRONT DOOR

SERIES BIG IDEA

God's wisdom, understanding, and knowledge can help us build rare and beautiful relationships.

MESSAGE BIG IDEA

Wise boundaries build life-giving relationships.

SCRIPTURE - GALATIANS 6:2-5

ICEBREAKER AND OPENING THOUGHT

1. Talk about a time when someone unexpected showed up at your front door.
2. We will be discussing how our "front door" acts as a healthy boundary in our personal lives. What do you think of when you hear the phrase healthy boundaries?

BIBLE DISCUSSION

"Carry each other's burdens, and in this way you will fulfill the law of Christ. If anyone thinks they are something when they are not, they deceive themselves. Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, for each one should carry their own load." Galatians 6:2-5

3. What do you notice about this passage? What questions does it raise?
4. What is the difference between a "load" and a "burden?"
5. Give some examples of "extra burdens" we may have in our lives.
6. Do you think we can help "too much" when "carry each other's burdens? Why or why not? What are some of the consequences of helping too much?

LIFE APPLICATION

7. The two key aspects of boundaries are; to love others without rescuing them; and learning to confront them in love - With that in mind why do you think it is so difficult to set boundaries with others in our lives?
8. Have you ever known a life-giving person? What about a life-stealing person? What qualities are needed to make a life-giving person? How about a life-stealing person?

CHALLENGE

Is there someone in your life with whom you need to set boundaries? What seems to be the biggest obstacle to setting those boundaries?